



AUGUST 2019

Blount County Schools

Offered Daily as Part of a Meal: 1% Low-fat Milk
Non-Fat Flavored Milk

Offer vs Serve Requirement: Student must select
1 serving of Fruit or Vegetable, plus 2 other items

Monday

Tuesday

Wednesday

Thursday

Friday



5

6

7

1

2

Visit: www.blountboe.net to complete your child's FREE & REDUCED Lunch Application **ONLINE** from the privacy of your home. Paper Applications also available at each school. Visit our Blount County Schools Website for a link to the application.

Beefy Nachos w/Cheese Or
Deli Sandwich
Lettuce/Tomato/Salsa/Sour
Cream
Chili Beans
Frozen Fruit Slushie

12

Corndog Or
Grilled Chicken Salad
Assorted Chips
Creamy Coleslaw
Baked Beans
Sliced Oranges

13

Italian Dunkers w/ Marinara
Or Deli Sandwich
Italian Veggies
Tuscan Salad
Fresh Fruit

14

Popcorn Chicken or
Deli Sandwich
Mini Biscuit
Creamed Potatoes w/Gravy
Green Beans
Chilled Fruit

8

Pizza Bar or
Wow Butter Sandwich
Garden Salad w/Ranch
Golden Corn
Chilled Fruit

9

Crispitos or
Deli Sandwich
Corn
Lettuce/Tomato/Salsa
Chilled Fruit

15

Crispy Chicken Sandwich or
Wow Butter Sandwich
Seasoned Potato Wedges
Baked Beans
Chilled Fruit
ICE CREAM CUP

16

Teriyaki Chicken or
Deli Sandwich
Stir-Fry Rice
Veggie Stir Fry
Egg Roll
Chilled Fruit

19

Hot Ham & Cheese Sandwich or
Tuna Salad Plate
Broccoli w/Cheese
Fresh Veggies w/Ranch
Sandwich Fixings
Fresh Fruit

20

BBQ Nachos or
Deli Sandwich
Lettuce/Tomato/Salsa
Cheesy Refried Beans
Chilled Pineapple

21

Stuffed Crust Pizza Bar or Deli
Sandwich
Garden Salad
Corn
Cold Watermelon

22

Hot Dog or
Yogurt Parfait
Tater Tots
Baked Beans
Chilled Fruit
Fresh Baked Cookie

23

Creamy Chicken Alfredo Or
Deli Sandwich
Buttery Garlic Bread
Broccoli w/Cheese
Tuscan Salad w/Dressing
Chilled Fruit

26

Deli Sandwich or
Country Fried Steak
Cream Mashed Potatoes
Savory Green Beans
Mini Biscuit
Chilled Fruit

27

Cheeseburger or
Deli Sandwich
Fries
Sandwich Fixings
Fresh Cucumber Salad
Fresh Fruit

28

Deli Sandwich or
Chicken Fajita
Cheesy Refried Beans
Lettuce/Salsa
Chilled Fruit

29

Homemade Pizza Or
Wow Butter Sandwich
Garden Salad w/Ranch
Golden Corn
Chilled Fruit
Mini Rice Krispie Treat

30

