



SEPTEMBER 2019

Blount County Schools

Offered Daily as Part of a Meal: 1% Low-fat Milk
Non-Fat Flavored Milk

Offer vs Serve Requirement: Student must select 1 serving
of Fruit or Vegetable, plus 2 other items

Monday

2
Happy Labor Day!!

No School

Tuesday

3
Deli Sandwich
Popcorn Chicken
Mini Biscuit
Creamy Mashed Potatoes
Brown Gravy
Savory Green Beans
Frosty Fruit Cup

Wednesday

4
Deli Sandwich
Spaghetti w/Meat Sauce
Buttery Garlic Breadstick
Tuscan Salad w/Dressing
Chilled Fruit

Thursday

5
Deli Sandwich
Corndog
Southern Baked Beans
Assorted Chips
Creamy Coleslaw
Cold Watermelon

Friday

6
Tuna Salad Plate
Crispy Chicken Sandwich
Fries
Sandwich Fixings
California Vegetables
Fresh Fruit
Fresh Baked Cookie

9
Deli Sandwich
Taco Salad
Nacho Chips & Cheese
Salsa
Lettuce/Tomato
Chili Beans
Fresh Fruit

10
Oven Roasted Chicken
Or Fish Nuggets
Creamy Mashed Potatoes
Brown Gravy
English peas
Fresh Baked Roll
Frozen Fruit Slushie

11
Deli Sandwich
Italian Dunkers
w/ Marinara
Italian Veggies
Tuscan Salad w/Dressing
Cold Melon

12
Deli Sandwich
Pulled BBQ Sandwich
Cheesy Broccoli
Baby Carrots with
Creamy Ranch
Sweet Pole Corn
Chilled Fruit

13
Yogurt Parfait
Champion's Cheeseburger
Sandwich Fixings
Seasoned Potato Wedges
Southern Baked Beans
Chilled Fruit
Mini Rice Krispie Treat

16
Teacher Work Day!!

No School

17
Deli Sandwich
Asian Chicken
Stir-Fry Rice
Veggie Stir-Fry
Egg Roll
Fresh Fruit

18
Deli Sandwich
Cheeseburger Dippers
Baked Sweet Potato
Savory Green Beans
Fresh Baked Roll
Chilled Fruit

19
Yogurt Parfait
Deli Sub
Assorted Chips
Broccoli Salad
Corn Nuggets
Sandwich Fixings
Fresh Fruit

20
Tuna Salad Plate
Hot Dog or Chili Dog
Tater Tots
Southern Baked Beans
Chilled Fruit
Fudge Bar

23
Deli Sandwich
Crispy Chicken Tenders
Fresh Baked Roll
Creamy Mashed Potatoes
Brown Gravy
Savory Green Beans
Chilled Fruit

24
Deli Sandwich
Creamy Chicken Alfredo
Buttery Garlic Bread
Broccoli & Cheese
Tuscan Salad w/Dressing
Frosty Fruit Cup

25
Grilled Chicken Salad
Chicken Quesadilla
Shredded Lettuce/Tomato
Salsa/Sour Cream
Pinto Beans
Fresh Fruit

26
Yogurt Parfait
Sloppy Joe
Crispy French Fries
Garden Salad
Creamy Ranch
Fresh Fruit

27
Deli Sandwich
Homemade Pizza
Garden Salad
Creamy Ranch
Corn
Chilled Fruit
Ice Cream Cup

30
Deli Sandwich
Chicken Fajita
Corn
Lettuce/Tomato
Salsa/Sour Cream
Fresh Fruit

Visit: www.blountboe.net for a link to complete your child's
FREE & REDUCED Lunch Application **ONLINE** from the
privacy of your home. Paper Applications also available at each
school.



Menu Subject To Change;

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